

BCPI President Travels to China and Korea

This past June, BCPI president, Dr Angela Lanfranchi, traveled to Shanghai and Seoul as part of a five person team invited to teach natural family planning (NFP) methods and the health risks associated



with artificial birth control methods such as oral contraceptives and abortion. The team was led by Mercedes Wilson, president of the Family of the Americas Foundation, who has been working with the Shanghai Institute for Planned Parenthood of Shanghai (not affiliated with Planned Parenthood or International Planned Parenthood) for over 20 years.



In a study done from 1988-1990, Mrs. Wilson worked with Drs. Xu and Zhang, Chinese physicians who still work at the institute, to do a study on the efficacy of natural family planning when taught to the local population. The study proved that the Chinese could use natural family planning to postpone pregnancy with a success rate of over



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British Study Confirms Oral Contraceptives Cause Premenopausal Breast Cancer

by Angela Lanfranchi

D.M. Parkin of London's Wolfson Institute of Preventive Medicine published a study in the British Journal of Cancer titled, "Cancers attributable to exposure to hormones in the UK in 2010." The study reported the number of premenopausal breast cancers attributable to oral contraceptives. In women 15-19 years old 8% of breast cancers were attributable to oral contraceptives as were 24% in those 20-29 years old and 18% in those between 30 and 40 years old. This means over 1 in 4 of breast cancers in women in their 20s and near 1 in 5 of breast cancers in women in their 30s is due to oral contraceptives. As Britain and the U.S.

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The "Pill Kills" Receives YouTube Attention

By Angela Lanfranchi

At a Washington D.C. conference on June 6, 2012, I gave a short twenty minute talk on the four ways "The Pill" can kill women who use them. It was meant for a non-professional group although each set of facts was documented with the medical reference on the bottom of each slide.

Over the years, BCPI has had many requests for more information on the health risks of the pill well beyond its being a significant risk for pre-menopausal breast cancer. Up until now, as president I have maintained that giving out other health risks of the pill was beyond the mission of BCPI, which includes giving information to educate the public (and professionals) about what will increase and decrease



their risk of breast cancer. Yet to achieve a goal of reducing the number of women on the pill, women need **all** of the health reasons to never take or get off of the pill.

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2nd Annual BCPI Golf Outing a Success

Thanks to the great work of BCPI board member Jo Ann Gerling and her husband, Robert, the Second Annual Golf Tournament to benefit BCPI was held on June 30, 2012, at the Cranbury Golf Club in West Windsor, NJ. Despite the blistering 90 degree weather, there was a good turnout and great fun and food was had by all who attended.

This year we honored Laurie Parlin, who died at age of 32 after a fierce 18-month battle with triple negative breast cancer. Laurie's mother, Donna Parlin, a solid BCPI supporter, was present for the event. Laurie's son, Stephen, who has matured into a handsome, well-spoken breast cancer advocate and fundraiser, was a welcome participant out on the golf course. Stephen also offered some well-received remarks at the dinner in honor of his mother and in support of BCPI.

Laurie's only risk for breast cancer was the pill, which we know from the Dolle 2009 study increases breast cancer risk of triple negative breast cancer by 320%



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98%. Just 1.18% of the 688 women in the study became pregnant. The results of this study have been confirmed in the medical literature with the publication of other studies demonstrating the efficacy of NFP. The Chinese see this as a cost effective method that can be taught and implemented by women of all educational levels.

The team was there to give a course to 45 nurses and healthcare workers so that they could maintain implementation of their program.

Over four days at the Shanghai Institute, Dr. Lanfranchi also gave lectures to epidemiologists and physicians about breast physiology and reproductive risks including the breast cancer risk of induced abortion and oral contraceptives. She was able to give her detailed lectures to them because all of these professionals knew English through their medical studies. During a lecture detailing the many adverse effects of the pill, the chief male epidemiologist said that he would continue to promote oral contraceptives which are not widely used in China. However, after he left the lecture hall, several female Ob-Gyns approached her requesting more information. One was so enthusiastic, she wanted her to go to her medical school in Nanjing and give the same talk. During the course work for natural family planning given for the nurses, there was a translator who was a young Ob-Gyn. Dr. Lanfranchi talked often with him over meals and around the institute where he worked. He was very interested in BCPI, liked our materials, and offered to translate our brochures on oral contraceptives and reproductive risks into Chinese.

After spending a week in Shanghai, the team went to Seoul, Korea for three days. They gave several talks at a school that went from kindergarten through high school to both the older students, male and female, as well as the faculty that taught them. They also met with leaders of the Diocese of Seoul who wanted information about teaching natural family planning and the health effects of oral contraceptives and abortion. They also participated in a conference for the laity. Dr Lanfranchi reported that they showed great enthusiasm for "The Pill Kills" information with applause and many questions.

Overall, the trip was very successful. The Chinese and Koreans expressed great interest in the information given to them about BCPI and its medical informational material. Women world-wide have a keen interest in learning how their bodies work, and what will improve and what will hurt their health. BCPI is truly an international institute as our web traffic and requests for our materials continue to grow since we started our web site ten years ago this year. A Google search on "breast cancer prevention" still puts BCPI on the first page of results attesting to the number of those using our site.

A REMINDER!

If you move or change your mailing or email address, or if you wish to be removed from our mailing list, please send us an email to let us know. It helps us save on postage costs for our mailing when we have up-to-date information.

Email: info@bcpinstitute.org

You can also return the donation card to us with your new address information. Be sure to check the box letting us know the information is new.



The "Pill Kills" Receives YouTube Attention

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Our hope is to prevent breast cancer in large enough numbers so as to reduce the incidence of breast cancer. This is not a vain hope. As another article in this report has shown, almost 10% or 192 cases out of 2,018 women with pre-menopausal breast cancer in British women was found to be attributable to the pill. Fertility control can be achieved through natural family planning methods which are free and without risk to women's health. So BCPI has put out its 3rd new brochure this year entitled "The Pill Kills" to encourage women with all the health reasons to quit the Pill.

The Pill Kills brochure lists the four major ways that the pill can kill the women who take them. Women who take the pill are more likely to get breast, cervical and liver cancers, get life-threatening viral infections that cause AIDS and cervical cancer, get a fatal stroke, heart attack or blood clot in their lungs, and make it more likely to become a victim of a violent death by an intimate partner. I know that the last reason stated will raise hackles and eyebrows but again, it's well documented in the literature. Look it up like I did.

As the conference was web cast, my 20 minute talk complete with slides is on the web. If that You-Tube or the brochure keeps one woman off the pill, I will be encouraged.

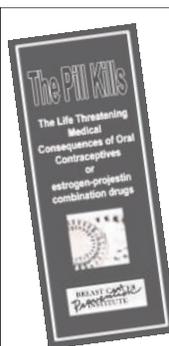
You can view the YouTube video by searching the title, *How the Pill Kills*, or by typing the link below into your browser: <http://www.youtube.com/watch?v=n1f3qTt1YDk>

The Pill Kills

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have similar populations, based upon the data showing that 10% of breast cancers in women under 40 years old are attributable to oral contraceptives, it's not unreasonable to think we could eliminate a significant number of premenopausal cancers in U.S. women if they all stopped oral contraceptives. It would impact breast cancer statistics in the same way it was shown by Ravdin in 2007 that postmenopausal breast cancer incidence was reduced 11% after about half of the women in this country who had been on hormone replacement therapy stopped it in 2002.



Announcing a new BCPI brochure

**"The Pill Kills:
The Life Threatening Medical
Consequences of Oral Contraceptives—
or Estrogen-Progestin
Combination Drugs"**

To view this and all the BCPI brochures and booklet, please visit our website:
www.bcpinstitute.org/onlinepub.htm

The **Breast Cancer Prevention Institute** is a non-profit, 501(c)(3) corporation, with headquarters at
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